

# LA PIROGUE

## ACTIVITIES & FACILITIES

### FACILITIES

- Beach gazebo, fully equipped with a minibar, telephone, USB charging points, ceiling fan and outdoor shower, assisted by a private butler.
- 6 floodlit tennis courts
- A generously-sized swimming pool
- Sun Island Boutique – Boho Chic inspired Boutique offering a vibrant selection of locally sourced souvenirs/ garments as some renowned international brands for sale

### FREE SEA ACTIVITIES

- Kayaking
- Laser-sailing and fun boats
- Pedal boats
- Glass bottom boat rides
- Zayak
- Windsurfing
- Stand up paddle
- Aqua gym

### FREE LAND ACTIVITIES

- Aerobics
- Golf at Ile aux Cerfs (more info under the Golf section )
- Stretching and yoga classes
- Giant Chess
- Jogging
- Football
- Ping-pong
- Beach volleyball
- Badminton
- Mini golf

### PREMIUM SEA ACTIVITIES\*

- Scuba-diving (PADI courses)
- Big-game fishing
- Giant-catamaran outings
- Submarine dives and dolphin discovery excursions

### PREMIUM LAND ACTIVITIES\*

- Tennis lessons with professional coaching
- Hunting at Wolmar Chassee - June to September
- Hiking in Black River national park
- Cascavelle shopping village
- Quad Biking at Casela Nature Park
- VTT, Hiking, Zip lines at Casela Nature park
- Archery

*\*Premium activities are subject to supplement charges*

### KIDS AND TEENS

Sun Kids Club invites kids aged 2 to 11 years old to a world of fun and entertainment. Numerous fun activities, as well as special menus, buffets and barbecues, are specifically prepared for them 12 hours a day. Children of 2 to 3 years old need to be accompanied by a parent or a babysitter; professionally trained nannies are available on request at a fee. The Teens Club is the ideal meeting place for guests aged 12 to 17, offering an array of sports activities, outings, excursions and special evenings for teenagers. Opening hours: 09:30 am to 10 pm



# LA PIROGUE

## TEAM BUILDING

### **An Authentique Outdoor Teambuilding activity!**

Are you are looking for something other than a normal team retreat? Our proposed activities are an interactive way to get to know each other and a great method to bond and bring your employees together. Our expedition combines fascinating Mauritian historical facts, bizarre legends and stories in one game and takes participants through beautiful gardens and beaches where they have to solve a series of problems using their good teamwork, creativity, orientations skills, attention to details and time. This will allow your team to build trust with each other, which is essential to the success of an organisation, and have fun!

We invite you to live a wonderful moment at one of the most authentic Mauritian hotels, La Pirogue, with beautiful gardens and surroundings, exquisite catering and access to the resort's facilities. At La Pirogue we will break the monotony of your workplace with adventure and fun-filled activities. Sports enthusiasts will find themselves in paradise. Some of these suggested activities will take just a few minutes, some might take hours. Some will enhance communication and others will improve collaboration skills.

Passionate about leadership and sports, we are proud to bring sports closer to our guests and promote a healthy and active lifestyle, wellness and fun! We aim to exceed our client's expectations with imaginative custom-made programmes and offer a unique and fascinating experience to all. We've put together a list of some of our favourite team-building activities that are both exciting and insightful.

Our dedicated sports team awaits you!



# LA PIROGUE

## TEAM BUILDING

### Team Building Activities your team will actually love

#### Scavenger Hunt

A scavenger hunt is a game in which the organisers prepare a list defining specific items, with participants having to seek or gather all items on the list.

- We will prepare a list of goofy tasks for each team.
- Tasks can include taking a selfie with the General Manager or the Executive Chef, taking a picture of a building or object in the vicinity, etc.
- A list will be distributed to each team, along with a deadline by which they must complete all tasks.
- We may even add in a photo or video challenge and share an album within the group.
- A checkpoint will be set for participants to meet when they finish.
- The goal is to be the first to complete the list or to gather the most items on that list.

#### Morissimo

Morissimo is the first 100% Mauritian educational board game. The design is highly inspired by Mauritius with the colours and elements reminiscent of the island's treasures ranging from its famous Sega to its unique dodo. We make sure to use tropical colours which help in making this game lively and entertaining for one and all.

- The questions focus on Art and Culture, Sports and Leisure, Economy, Agriculture, History, Politics and Geography, Places and Nature in Mauritius.
- The game will last one hour.
- Teams will compete in different sets to win.

#### The Perfect Square

- In this activity, team members have to form a perfect square while blindfolded.
- Get everyone to stand in a circle while holding the rope. Once the circle is formed, they can lay the rope on the floor. Each participant will then put on their blindfold and take 5 steps backwards. The task is to work together to form a square while blindfolded.
- Once the team is blindfolded, they can begin the activity.
- The activity ends when the team thinks that they have formed a square. Participants then take off their blindfolds and see the final result.

#### The Spider Web

Do you remember all those spy movies with the intricate laser security systems people had to manoeuvre through? Spider Web is kind of like that.

- A maze of lines and shapes using string will be created.
- Teams must cross the spider webs to reach the other side without touching the string or going in the same shapes as anyone before them.
- See how many from your team end up with you on the other side. Perfect outdoor game for a hot day!

#### Hula Hoop

Two teams race to move from one end of the field to the other in a relay-style race. The team that works together the best will win the game! All we need is one hula hoop per team.

- Divide the group into 2 teams.
- Each team will hold hands and get into a line that begins at the goal line and extends towards the centre line.
- A hula hoop starts at the front of the line and each person must go through the hula hoop to pass it down the line without using their hands.
- Once the hula hoop reaches the end of the line, the line pivots around the end person. The hula hoop then continues down the line across the field.
- The first team to reach the other end of the field (or to the other end and back) wins.

# LA PIROGUE

## TEAM BUILDING

### Tug of War

A contest in which two teams pull at opposite ends of a rope until one drags the other over a central line.

- Teams pull on opposite ends of a rope, with the goal being to bring the rope a certain distance in one direction against the force of the opposing team's pull.

A situation in which two evenly matched people or factions strive to keep or obtain the same thing.

### Balloon Race

Here's how the game works:

- Break the group into teams of five to eight people.
- We will make sure that we have a bunch of inflated balloons on hand.
- Have each team form single-file lines and place an inflated balloon between each person using everyone's stomachs and backs to hold them in place.
- On the manager's command, the teams will then proceed to attempt to make it to a predetermined finish line.
- Each balloon must be held firmly in place as the teams move closer to the finish line. In the event a balloon falls out of place, the team must return to the starting line.
- The first team to make it to the finishing line without dropping a balloon, wins!

Not only does this team-building activity help team members build strong bonds with one another, but it also teaches participants the importance of moving to the rhythm of the rest of the team.



# LA PIROGUE

## TEAM BUILDING

### Where does it takes place and how does it works?

Our team-building activity usually starts at a prearranged place – in the garden next to the main pool, on the football pitch, on the beach, and many more. – but of course, we are always very flexible and happy to accommodate the special requirements of our clients. After an introduction, your group will be divided into teams (either by you or by our professional guide) followed by an explanation of the rules and all necessary information. The teams will be provided with an information pack – depending on the activities chosen – in order to complete tasks. Individual tasks are designed for teams to test their orientation skills, creativity, and competitiveness.

The teams will navigate hidden corridors in the resort, among resident guests and team members, to solve a series of problems and challenges, answer carefully prepared questions, take photos and perform various tasks during the event in the quickest time possible while competing with other teams. After completion they will reassemble at the agreed venue and hand in all files to our professional guide for marking followed by a wrap-up and awarding of the winners.

### Schedule of Event on the Big Day

10:00	Welcoming of guest with Fruit Cocktails and Cold/Hot Towels Introduction, instruction giving Explanation of the different games Rules, Regulations and Safety measures Team splits, handing of information packs and bandanas, debriefing and team names.
10:45 to 12:45	Activities chosen from the list above Refreshment during the activities (Water, Juices and Mints)
13:00	Lunch in form of a Buffet including non-alcoholic beverages
14:30 to 16:30	Activities as chosen continues.
16:30	End of Activities Award Ceremony, Group photo, Farewell drinks and Speeches

### Book the Full Day Team Building Package at 2000 MUR per person.

Our preferential rates for large groups make our programs the top choice as your team bonding event.

# LA PIROGUE

## TEAM BUILDING

### **Purchase Includes:**

- Full Day Team Building Activity and Lunch
  - Duration: Approx. 8 hours.
  - 5 or 6 activities depending on activity time.
  - Lunch in form of a Buffet served with non-alcoholic drinks at the Main Restaurant.
  - Changing room and shower facilities.
  - Award Ceremony Certificate and Fairwell Drinks.

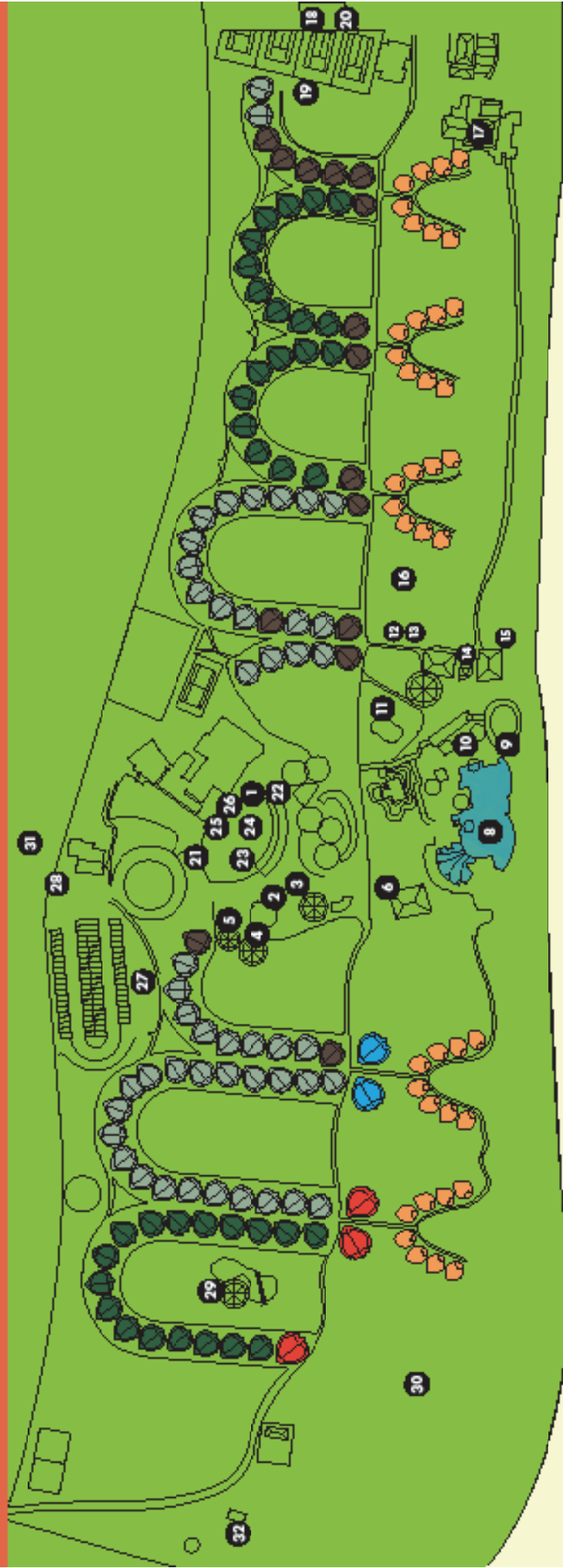
### **Participant Guidelines:**

- Minimum Participants: to make sure the game is fun entertaining and challenging we require a minimum of 10 participants.
- Maximum Participants: whatever its size.
- Dress Code: Wear comfortable shoes, sunscreen or a cap to protect you from the sun.
- Activities may be carried out on the beach, in the sea, in a pool under rain unless the safety is compromised.
- Note: Kindly inform us in advance of any dietary requirements.

**BOND AND BRING YOUR TEAM TOGETHER**

# LA PIROGUE

A SUN RESORT • MAURITIUS



	GARDEN BUNGALOWS	126
	PREMIUM GARDEN BUNGALOWS	74
	BEACH PAVILIONS	40
	DELUXE BEACH PAVILIONS	6
	SENIOR SUITE PAVILIONS	2
		TOTAL 248

- 1 Wolmar Restaurant
- 2 Van Der See Wine Bar
- 3 The Medicine Bar
- 4 Entertainment Area
- 5 Shops
- 6 Tour Operator
- 7 Coconut Café
- 8 Pool

- 9 Le Merne Bar
- 10 Magenta Seafood Restaurant
- 11 Sun Kids Club
- 12 Diving Centre
- 13 Recreational Centre
- 14 Big Game Fishing Deck
- 15 Boat-House
- 16 Multi-Sport Playground
- 17 Citronella's Café

- 18 Spa Cinq Mondes
- 19 Tennis Club, Sports Bar
- 20 Aura Fitness
- 21 Reception/Information Desk  
Post Office Box/Cashier
- 22 Muscade Room - 1<sup>st</sup> Floor
- 23 Music Studio - 2<sup>nd</sup> Floor
- 24 Medical Room - 1<sup>st</sup> Floor
- 25 Sesame Room - 3<sup>rd</sup> Floor

- 26 Cardamome Room 1, 2 & 3 - 2<sup>nd</sup> Floor
- 27 Parking
- 28 Entrance
- 29 Wedding Gazabo
- 30 Football Pitch
- 31 Taxi
- 32 Archery
- 33 Jetty

30 Cardamome Bungalows can be converted into 15 Garden Family Bungalows  
 6 Deluxe Beach Pavilions can be converted into 3 Deluxe Beach Family Pavilions  
 These rooms can be add individually or as a set with 2 connecting rooms